



Lounges – 116 Pall Mall

Mornings

Croissant with butter and preserves	3.15
Danish pastry	2.50
Bacon sandwich with ketchup	7.20
Muffin	1.95

Afternoon Tea at the IoD

Selection of finger sandwiches	11.25
--------------------------------	-------

with fruit scones, strawberry jam, clotted cream and a pot of tea or coffee

Hot Beverages

Pot of fair trade coffee (per person)	3.35
Pot of tea (per person)	3.30
<i>Please ask for varieties available</i>	
Pot of hot chocolate (per person)	3.35
Cafetiere	3.40

The above are served with a selection of quality biscuits

Espresso	2.45
Double espresso	2.70
Cappuccino	2.70
Latte	2.70
<i>Selection of quality biscuits</i>	<i>0.80</i>

Luncheon Selection

Soup of the day	6.25
Humous sandwich	6.25
<i>pine nuts, red pepper & cucumber</i>	
Smoked applewood cheese & coleslaw	6.50
<i>on ciabatta</i>	
B.M.T	6.75
<i>bacon, mozzarella, tomato & iceberg lettuce</i>	
Roast beef & horseradish	7.25
<i>white bloomer bread</i>	
Parma ham baguette	6.95
<i>Swiss cheese, sun-blushed tomatoes, olives, rocket & pesto</i>	
Tuna baguette	6.95
<i>mayonnaise, sweet corn, & iceberg lettuce</i>	
Ham and egg bloomer	6.95
<i>French mustard, egg, red onions, tomato & parmesan</i>	
Chicken mayonnaise & avocado baguette	6.95

Toasted paninis:	7.25
Tuna melt	
Ham & cheese	
Mozzarella, sun-blushed tomato, red onions, peppers & pesto	
<i>All sandwiches are served with garnish and crisps.</i>	

Greek salad	8.95
<i>mixed peppers, red onion, iceberg, cucumber & olives</i>	
Chicken Caesar	9.25
<i>anchovies, croutons & parmesan shavings</i>	

Prawn salad in Marie Rose sauce 9.25
lettuce, cherry tomatoes, peppers & cucumber

Desserts

Fresh fruit platter 6.75
Chef's dessert of the day 6.45

Please ask about our daily cake and slice selection

Juices and Soft Drinks

Source Mineral Water 750ml 3.95
Source Mineral Water 330ml 1.90

Fresh fruit juice 3.40

orange, cranberry & apple

Fruit juice 1.90

Varieties: tomato, grapefruit, pineapple, & cranberry

Bitter lemon 200ml 1.90

Coca Cola 330ml 1.90

Ginger ale 200ml 1.90

Lemonade 200ml 1.90

Slimline tonic 125ml 1.35

Soda water 200ml 1.60

Tonic water 200ml 1.90

Bottle Green sparkling water 275ml 2.30

Please ask for the varieties available

Spirits

Bell's whisky 5.45

Gordon's gin 5.45

Eristoff vodka 5.45

All spirits are served in measures of 50ml

Beers

Old Speckled Hen English Ale (500ml) 4.60

Becks 4.15

Budweiser 4.15

Wines

White Wines **175ml** **75cl**

Viognier d'Oc, Baron Philippe 5.00 21.00

Sauvignon Blanc, Ackerman 5.00 21.50

Chardonnay VdP d'Ardèche, Latour 5.40 23.00

Red Wines **175ml** **75cl**

Merlot Carignan, Ackerman 5.00 21.50

Cabernet Sauvignon, Baron Philippe 5.40 23.00

Chamuyo, Malbec, Argentina 5.50 23.50

Please see a member of the team if you do not see your favourite sandwich